



# IRISH SLEEP SOCIETY

Cumann Codhladh na hÉireann

## **The 18<sup>th</sup> Annual General Meeting**

**Friday 1st April 2022, Carlton Hotel Dublin**

10.00-10.35      **Registration, coffee and industry exhibition**

10.35-10.45      **Welcome**

### ***Session 1: The impact of the Covid-19 Pandemic on Sleep Services***

10.45-11.20      **Prolonged Effects of the Covid-19 Pandemic on Sleep Medicine Services**

**Guest Speaker:** Ludger Crote, Sahlgrenska University Hospital, University of Gothenburg, Sweden

11.20-11.35      **A home sleep service from a paediatric perspective.**

Sheila Javadpour, Children's Health Ireland at Crumlin, Dublin

11.35-12.05      **Pro/Con Debate: Face to face care is obsolete in the management of OSA**

***Pro:*** Barry Kennedy, St James's Hospital Dublin

***Con:*** Liam Doherty, Bon Secours Hospital Cork

12.05-12.20      **Discussion**

12.20-13.10      **Lunch Break and Exhibition**



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## *Session 2: Circadian Rhythm in Health and Disease*

- 13.10-13.40      **Game of Clocks – The curse of daylight saving time**  
Silke Ryan, St Vincent's University Hospital, University College Dublin
- 13.40-14.40      **Interactions between sleep and the circadian clock**  
**Guest Speaker:** Tom de Boer, Leiden University, Netherlands
- 14.40-15.20      **Coffee Break and Exhibition**
- 15.20-16.20      ***Business Meeting of the Irish Sleep Society (all members welcome)***