



IRISH SLEEP SOCIETY

Cumann Codhladh na hÉireann

The 19th Annual General Meeting

Friday 24th March 2023, Carlton Hotel Dublin

09.30-10.00 **Registration, coffee and industry exhibition**

10.00-10.10 **Welcome Silke Ryan**

Session 1: Oral abstract presentations

10.10-11.45 **TBC**

Session 2: Central Sleep Apnoea in Heart Failure

11.45-12.30 **Adaptive Servoventilation for Central Sleep Apnoea – What we
learned from randomized controlled trials**

Guest Speaker: Michael Arzt, University Hospital Regensburg,
Germany

12.30-13.15 **Lunch Break and Exhibition**



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Session 3: Oral Devices for obstructive sleep apnoea

13.15-13.40 **The effect of Mandibular Advancement Devices on nocturnal reflux**
Saoirse O'Toole, Kings College, London, UK

Session 4: Parasomnia

13.40-14.00 **Case Presentations**
John Garvey, St Vincent's University Hospital, Dublin
Elaine Purcell, Mater Private Hospital, Dublin

14.00-14.45 **REM-behaviour disorder and lucid dreaming**
Guest Speaker: Isabelle Arnulf, Sorbonne University, Paris, France

14.45-15.25 **Coffee Break and Exhibition**

15.25-16.30 ***Business Meeting of the Irish Sleep Society (all members welcome)***